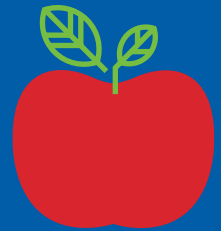


Good Health – More than a Doctor's Visit!

Did you know?

80% of your health is shaped by your
everyday life – not just doctor visits



What Are Non-Clinical Factors of Health ?

They are the parts of your everyday life that can help you to stay healthy or make it harder to be healthy. This includes where you **live, work, learn, and play**.

Examples of Non-Clinical Factors of Health:



Money and Jobs

Can your family pay for food, rent, and bills?



Transportation

Can you get where you need to go safely and on time?



Food

Do you have access to healthy food when you need it?



Home and Neighborhood

Is your neighborhood safe and clean?



Family and Community

Do you feel supported and treated fairly?



School and Learning

Do you have what you need to learn and grow?



Health Care

Can you see a doctor or get medicine when you need it?

Why Does It Matter?

These parts of your life can shape your health in big ways. They can affect:

- How often you get sick
- How long you live
- How much energy and happiness you feel each day

How We Can Help

We care about your whole health, not just your symptoms. During your visit, we may ask questions about these parts of your life. You don't have to answer—but your answers can help us:

- Understand what's going on in your world
- Connect you and your family to helpful programs and people

You're not alone. We're here to listen, support you, and help you stay healthy!



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