



PRAPARE™

Protocol for Responding to and Assessing
Patients' Assets, Risks, and Experiences

What is PRAPARE®?

Protocol for Responding to and Assessing Patients' Assets, Risks, and Experiences.

It's a set of questions about your everyday life—like food, housing, stress, and support—so we can better understand your needs and give you the best care possible.

What Kinds of Questions Are Asked?

PRAPARE® asks simple questions about your life outside the doctor's office, like:



Personal Characteristics

What is your preferred language?



Family and Home

Do you have a safe and stable place to live?



Social and Emotional Health

Do you have people you can count on for support?



Money and Resources

Can you pay for things like food, rent, and bills?



Why Do We Ask these Questions?

Things like food, housing, and stress can affect your health—just like medicine or illness can. By learning more about your life, we can:

- Connect you with helpful programs and local resources
- Support you in setting and reaching your health goals
- Give you care that fits your needs and your life

We want to care for *all* of you—not just your symptoms.

What You Should Know

Your answers
are private.

You don't have
to answer every
question.

There are no
wrong answers,
just honest ones.

Your care team
is here to support
you, not judge you.

To learn more about PRAPARE® you can ask your care team member.



NATIONAL ASSOCIATION OF
COMMUNITY HEALTH CENTERS®

We extend our heartfelt gratitude to our foundational PRAPARE® partners—the Association of Asian Pacific Community Health Organizations (AAPCHO) and the Oregon Primary Care Association (OPCA)—whose collaboration and dedication were instrumental in the development of PRAPARE® (2013). We also wish to recognize and thank the partners and contributors who guided the development of PRAPARE® 2.0, helping us continue to advance health equity and address the vital conditions that impact our communities.